



POST-OPERATIVE NAIL SURGERY

Healing time after nail surgery varies:

- Non-permanent nail removal, expect healing in 1-2 weeks.
- Permanent nail removal, expect healing in 2-3 weeks.

Typically, total toenail removals will take longer than partials to heal.

POST-OPERATIVE INSTRUCTIONS FOR NAIL SURGERY

1. Leave the bandages on until the day after surgery, then begin soaks with Epsom salts in warm water. Use a ratio of 1 (one) tablespoon of Epsom salts to 1 quart warm (NOT HOT) water for soaking. Soak your foot for 20 minutes in the Epsom salts solution.
2. After soaking, clean the border of the nail removed, or the total nail bed, with a washcloth or Q-tip, taking care to clean the corners where the nail grows out from.
3. Apply topical antibiotic ointment (Neosporin, bacitracin, triple antibiotic, etc.) to the nail area, and cover with a bandage or band-aid.
4. Repeat soaking, cleaning, and bandage changes daily for 1 week. Permanent nail removals will require soaking and bandage changes for 1-2 weeks.
5. If you have any questions or problems please call us; we will be happy to see you post-operatively if necessary.